Elementary/ Intermediate Chinese
These courses are designed to help beginners learn some of the most commonly used vocabulary and relevant knowledge of grammar. This helps learners to understand and use simple words and sentences for communication and further study of Chinese, and also to pass HSK (Level One and Two) examinations to attain Confucius Institute Scholarship and other Chinese government scholarships.

HSK1-5
These courses aim to improve students’ proficiency and interest in learning Chinese. It is intended to support students, with relevant training, to prepare them adequately to take the HSK examination smoothly and obtain good examination results to enable to gain Confucius Institute Scholarships and other Chinese Government Scholarships.

Business Chinese
This course covers business topics, vocabulary, grammar, phrasal verbs, current events and situation related to doing business in China or with Chinese business partners. It aims at sharpening students’ business Chinese vocabulary, grammar, speaking, or listening skills to
assist them meet their business Chinese learning needs, giving them the opportunity to make progress in their career.

**Tai Chi**
Tai Chi originated from ancient China, and embodies the basic connotation of Chinese traditional philosophy. It has gentle, mellow postures, paying attention to correct posture and breathing control with flowing, elegant and well balanced movements. It strengthens and sooths the body through the movements. This course aims to help beginners to learn and to practice Tai Chi.

**Chinese Calligraphy**
Chinese Calligraphy is the art of Chinese Character writing. It is not only the treasure of Chinese culture, but also treasure of the world culture. In the long process of writing application, Chinese characters play such important social roles as exchange of ideas, cultural inheritance. It also forms a unique art of calligraphy, embodying the perfect rhythm, lines and structures. This course targets beginners, the main content being the appreciation of masterpieces and learning of basic Chinese Calligraphy.

**Chinese Tea Art**
Chinese tea art is a combination of Chinese tea culture and art, originating from Tang Dynasty, promoted in Song Dynasty, reformed in the Ming dynasty, and booming in Qing dynasty. This course is designed for beginners to help them to appreciate the tea art and learn basic tea knowledge. Beginners can learn about different kinds of tea and experience Chinese culture in it.

**Chinese Opera**
Chinese opera is a popular form of drama in China with a very long history. It is a composite performance art that is an amalgamation of various art forms that existed in ancient China. This course introduces branches of Chinese opera, the main roles, the ways of painting opera performer's face and varieties of costumes.

**Chinese Painting**
Chinese painting is one of the oldest continuous artistic traditions in the world. This course introduces Chinese painting in the traditional style and appreciation of some famous Chinese
paintings.

**Chinese Cuisine**
Chinese cuisine is an important part of Chinese culture, which includes cuisines originating from the diverse regions of China, as well as from Chinese people in other parts of the world. This course introduces the main types of Chinese cuisine and the ways to cook them.

**Chinese Chess**
Chinese chess or Xiangqi is a strategy board game for two players. It is one of the most popular board games in China. This course is to introduce the long history of Chinese chess and ways to play it.

**Chinese Musical Instrument**
Chinese musical instruments are traditionally classified into 8 categories: silk, bamboo, wood, stone, metal, clay, gourd and skin. This course is an introduction and teaches how to play some musical instruments.

**Chinese Medicine and Health**
As one of Chinese national treasures, Traditional Chinese Medicine (TCM) has gained more and more attention at home and abroad. It has been more and more integrated into healthcare. This course covers introduction of TCM, acupuncture, and cupping, aiming to help students to know how to manage simple health challenges and keep fit.